

# COVID-19 Potential Exposure

## Potential COVID-19 exposure: Nelson Rural

ALL K-8 STUDENTS are required to complete daily rapid testing until further notice is provided by Public Health.

Public Health will NOT be contacting you by phone.

These are the steps your child must take:

### RAPID POINT OF CARE TESTING

This applies to both vaccinated and unvaccinated individuals.

Your child is required to participate in daily rapid testing.

1. Administer a rapid test to your child at home immediately after receiving test kit.
2. Do a second test the next morning. If both tests are **negative, and they have no symptoms, they may return to school**, childcare, and other activities.
3. Continue to do a rapid test every morning before going to school.
4. Every morning, if your child does not have symptoms and their rapid test is negative, they can attend childcare, school, and other community activities.
5. If ONE symptom appears, or if the rapid test result is positive, your child must isolate immediately and [book a COVID-19 PCR test online](#). Call 811 if assistance needed.
6. Public Health will determine when daily rapid testing may be stopped for your child.



#### NOTE: If your child does not participate in the rapid testing program:

1. They must isolate at home, and must not attend school, childcare, or other school or community activities.
2. [Book a COVID-19 PCR test online](#) for your child's Day 10 PCR test: **December 20, 2021**
3. If one [symptom](#) develops, they will [book a COVID-19 PCR test online](#) immediately.
4. Their [isolation](#) ends when informed by Public Health.

This order is being given to you by Public Health under the authority of the Public Health Act and is required to be followed.

Dr A Salmon

Note:

- This guidance does not apply to children who are contacts of a COVID case in their home, or to children less than 2 years old. These children are required to isolate.
- If your child had COVID-19 and has completed their isolation period, they do not have to test or isolate for 90 days after the date of their positive test.

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To **PARTICIPATE** in daily rapid testing:

Does your child have any **symptoms** of COVID-19?

1 **NO.** If your child does not have any **symptoms**, they can participate in rapid testing program.

2 Send a non-isolating person to get tests at school.

3 [Read the directions](#) that are provided with the test kits.

4 Watch a video example of a rapid test kit at: [www.gnb.ca/pointofcaretesting](http://www.gnb.ca/pointofcaretesting)

5 Administer a rapid test to your child at home immediately after receiving test kit.

6 Do a second test the next morning.

7 **If both tests are** negative, and they have no symptoms, they may return to school, **childcare, and other activities.**

8 Continue to do a rapid test every morning before going to school until directed by Public Health.

9 If one **symptom** develops, or the rapid test result is positive, **isolate and book a COVID-19 PCR test online** immediately.

1 **YES.** If your child has **ONE** or more **symptoms**, they can not participate in daily rapid testing.

2 **Your child must isolate immediately.**

3 [Book a COVID-19 PCR test online](#) for your child. Call 811 if you need assistance.

4 **Your child must not go to childcare, school, or community activities.**

5 Follow the directions given with your PCR results.

## QUESTIONS

For questions about rapid testing in school, contact 1-833-901-1963 (option 3) or send an email to [EDPE.EECD.COVID19@gnb.ca](mailto:EDPE.EECD.COVID19@gnb.ca)  
For more information on rapid testing in school, go to: [Education and Early Child Development COVID-19](#).



**[How to Self-Isolate](#) if **ONE** symptom develops, or the rapid test result is positive:**

- Stay home and avoid contact with other household members (especially those who are not vaccinated).
- Wash hands often and wear a mask if you briefly need to share a common space.
- Other household members may go to work, school, etc. If anyone in the household starts showing symptoms, they should isolate and get tested for COVID-19.